

POLICY MANUAL

State Mental Health, Mental Retardation and Substance Abuse Services Board
Department of Mental Health, Mental Retardation and Substance Abuse Services

POLICY 5004(FAC)86-4 Human Growth and Social Development

Authority	Board Minutes Dated <u>May 28, 1986</u> Effective Date <u>June 25, 1986</u> Approved by Board Chairman <u>s/James C. Windsor</u>
References	§ 37.1-23.1, Code of Virginia (1950) as amended. Report of the Task Force on Human Growth and Social Development, June 23, 1976. <i>Sexual Abuse Prevention Treatment Programs</i> . Senate Document 11 (1994).
Background	The State Board adopted as policy a report of the Task Force on Human Growth and Social Development on June 23, 1976. This report dealt primarily with development of life skills and the training of staff to educate patients/residents in the area of social skills. The Board, after discussions with facility directors, agrees that developmental patterns of behavior must be addressed by the treatment team just as other behaviors are addressed.
Purpose	To establish a current policy for the development of principles and guidelines for the education of patients/residents in human development and social skills; and to train staff and family members involved in this educational/training program.
Policy	It is the policy of the State Mental Health, Mental Retardation and Substance Abuse Services Board that the Department of Mental Health, Mental Retardation and Substance Abuse Services shall develop a plan to address human growth and social development for patients/residents receiving care and treatment in state facilities. The plan shall include both assessment and the provision of education and training in:

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**Policy
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- social skills;
- life skills;
- health education;
- developmental behaviors; and
- community values of appropriate vs. inappropriate behaviors.

The program outline shall include a staff training component in these same areas. Additionally, each facility should provide sexual abuse prevention education for each patient/resident at the appropriate level.

The program should be developed according to guidelines established by the Commissioner, and it shall further be the policy of Board to require each facility to have in place, for each resident identified by the treatment team to receive this training, a statement concerning the implementation of the human growth and social development program for each patient/resident receiving the training based on the determination of the entire treatment team with the individual and his/her family involvement.

The guidelines should be submitted by the Commissioner to the State Board for their review and comment and be disseminated to the facilities for implementation of the State Board's policy.

**Monitoring of
This Policy**

The Director of the Office of Medical Affairs shall monitor and evaluate the implementation of this policy.
